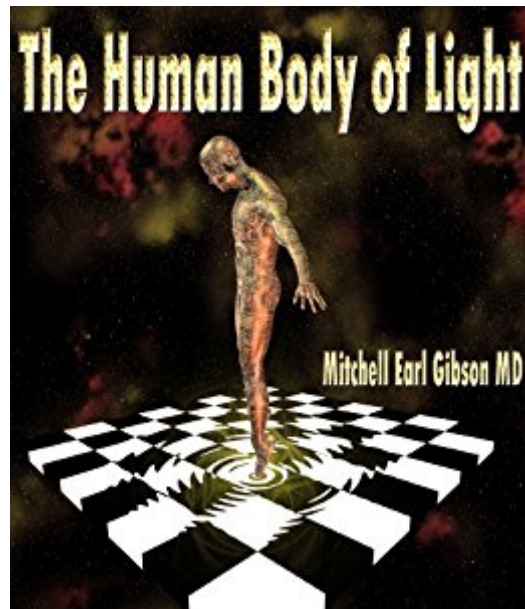


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# The Human Body Of Light



## Synopsis

The Human Body of Light According to legend, a number of ancient spiritual masters have dissolved their physical bodies into pure energy. Most used special exercises and techniques that had to be applied over a period of years, the results of which were the total transformation of the physical form into a form of self sustaining light energy. The new light form was immortal and indestructible. Somehow, these legends have not made it into our Western lexicon. The Body of Light represents a complete and total and radical transformation of one's status of being, a rediscovery of what was primordially present, and this condition is permanent. It is Awareness itself and is dependent on nothing else. This may be compared to the various Christian notions of transfiguration, resurrection, and ascension. Throughout history, there are many examples of the successful completion of this process. Even in recent years there have been a number of Tibetan Lamas, both Buddhist and Bon-po, who attained realization of the Rainbow Body (â `ja-lus-pa) at the end of their lives and some of these occurrences were witnessed by Chinese Communist officials. In this book The Human Body of Light, board-certified psychiatrist and author Dr. Mitchell Earl Gibson explores this fascinating arena of human potential. This book is designed to explore one question; is it possible for the human body to evolve into pure energy? Through meticulous research and one-of-a-kind insightful observations, The Human Body of Light explores the real phenomenon of an extraordinary type of human evolution. The realizations that accompany this knowledge has the potential to change our understanding of what it means to be human. The diagrams and images related to Cosolargy and the solar body were created by Gene Savoy of the International Community of Christ and the Jamillian University. The process of creating the body of light is an ancient practice and has been used for thousands of years on this planet.

## Book Information

File Size: 455 KB

Print Length: 286 pages

Simultaneous Device Usage: Unlimited

Publisher: Tybro Publications; One edition (February 1, 2010)

Publication Date: February 1, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B0036VO49S

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #412,822 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #21

in Kindle Store > Kindle eBooks > Religion & Spirituality > Earth-Based Religions > Shintoism

#41 in Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Shintoism

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Education

## Customer Reviews

Upside: The topic of the light body would be one that was potentially interesting if the author could have found enough material to develop the topic. He found a book about the lineages of various monks that takes up the first third of the book and an article from IONS on the rainbow body which you can read free on the web at [shiftinaction](#). There is a lot of what looks like direct recitation from other sources which doesn't have the human interest value shown in his previous books. For a summary of his professional and personal growth there is a [consciousmedianetwork](#) interview which gives a nice background profile. Downside: This is a book that was thrown together without the niceties one expects from a published book that you would spend \$25 for. The table of contents has no page numbers, the chapters which are numbered on the table of contents page are not numbered on the title page of each chapter. The book is double spaced which means this 200 page "book" is really a 100 page pamphlet. The typography is nonexistent. It is a mess, there are distracting spelling errors. The book has long boring passages of material copied from other works including his own previous book which I have already read. It reads like a poorly done promotional pamphlet for Tibetan monasteries. If you think you might learn spiritual exercises that will develop your own light body, forget about it unless you want to go abroad. Disappointing.

Spiritual Seekers looking to raise their vibration, understand the soul, etc. will find this book helpful, as did I. Some things I learned: The number of facets each soul has. The five sections of each soul facet. The types of energy given off by our sun. The difference between the sun and the Solar Sun. Divine ego versus ego. Nomen - our individual name by which God speaks to us and the name written on each soul facet. Much more... I will read this book over and over.

Dr. Gibson goes beyond theorizing and backs up the claims of legendary tales that have trailed human history. I suffered a stroke that had it not been for my spiritual growth I would not have survived. It led me to understand that death is really a transmutation of our physical elements into a more refined state in the psychic or quantum realm...It is as natural as a caterpillar forming the chrysalis and reconstituting all its genetic components into a soup and then metamorphosing into a majestic butterfly. The vantage point of this creature is thousands of times as that of a caterpillar. It can traverse oceans, fly to tremendous heights, inspire creativity, pollinate flowers, and exists as a wholly new wondrous creature. If this is such a natural transformation and exists within this imperfect realm imagine what our transformation must be like. I would encourage people to read this book with an open mind. Once it gets to the science of certain topics it can turn you off because I promise you that at this point of the book you just don't understand because of the complexity of the subject. It is not because the author has failed to convey the truth. A background in a knowledge of gnosticism, psychology, and quantum physics particularly in the realm of consciousness such as works by Roger Penrose will help tremendously. Anyways Carpe Diem!..and if you have questions...email me at [angelpomales@gmail.com](mailto:angelpomales@gmail.com)..I understand...not all thoroughly about details about the book but what it is trying to convey...the why of the book..Carpe D

Besides the typographical errors found throughout the book. This book is packed with esoteric knowledge you won't just find at your local library. I would highly recommend it to those who would like to know more about spirituality.

This book raises a lot of good questions and gives some good and powerful mantras to apply. I will admit however, that a few more "how to's" in the book in reference to attaining the "Body of Light", would have been useful.

Well regardless of the above comments, someone had to collaborate the information together nicely. It's like a bible to me, I've read this book literally four times. Who cares if there was one spelling mistake, the information was worth it and truly awakens you to your spiritual enlightenment. It made it as an international best seller. Love the book so much, it helped me on my spiritual journey tenfold.

There aren't many people in the world who are willing to share the secrets of this journey called life so publicly. I can't express through words how books such as these have changed my life and it

means so much to me that the Gibson couple has made it their interest to share with all of us.

Thank you.

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